



Plain Township Newsletter

Plain Township
Board of Trustees

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Winter 2012

Fire Department Announced Service Awards for 2011

In a ceremony and holiday gathering at the end of 2011, Chief John Hoovler and Assistant Fire Chief Jack Rupp announced achievement awards for the department.



FT Firefighter of the Year
Chris Pabst



PT Firefighter of the Year
Adam Noble



Chief's Award
Fred Houseberg

Recognition for Specific Achievements

Dan Gilmore, Jim Carney, Jason Moore, Mike Tocci, Jason Miller, Robert Moore, Greg Eccleberry, Woodie Hoffer, and Debbie Bessler.

(Con't. on Page 2)

Plain Township Aquatic Center Changes for 2012

Recently, the Board of Trustees approved the 2012 pool rate sheet with a **change to the membership categories**. There will be only 2 categories: Plain Township/New Albany and Non-Resident. This change is now based on whether you reside in Plain Township's real estate taxing district (residents) or outside of the real estate taxing district (non-residents).

Some members may see a slight increase in the renewal rate, but all memberships are eligible for an early-bird rate, if purchased by March 30. Non-resident memberships will also be eligible for a free guest card if joining or renewing by March 30.

For Plain Township residents, the membership fees have not changed, however Plain Township/New Albany residents will still be required to provide a current utility bill as proof of residency to receive the resident rate.

Reminder: All memberships are eligible for the early-bird rate if purchased by March 30. Be aware the deadline is during **spring break**.

There will be **no increase** in rates for daily admission, member and patron 12 guest cards, swim lessons or pool rentals.

We are planning to schedule several Friday night Float & Flick movie nights this summer. More information will be posted at the pool.

If you have any questions, please call the township offices at (614) 855-7770.

Metro Parks Update

The Metro Park Commissioners have officially adopted the name for our park as the **Rocky Fork Metro Park**. Due to cuts in the 2012 Metro Park budget, development of the Rocky Fork Park has been put on hold.

Metro Parks has allocated \$4,000,000 to continue land acquisition and \$500,000 for habitat restoration and minor improvements. With the input of area residents, Metro Parks has developed an initial concept for Rocky Fork Park. Watch for additional news and updates through 2012.

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Did You Know.....

- ❖ A single laugh can boost your immune system for up to 3 days.
- ❖ Coffee is rich in antioxidants and can increase mental focus.
- ❖ Soy is the only vegetable that contains all 8 essential amino acids making it a complete protein.
- ❖ Children prescribed antibiotics, should also eat yogurt to maintain positive balance of good bacteria.
- ❖ Two out of three Americans are overweight.
- ❖ Baby boomers are spending up to \$4000 per year on prescriptions.
- ❖ Strawberries have more vitamin C than oranges.
- ❖ Taking a single step uses 200 muscles.

Welcome New Firefighters

This fall, the PTFD hired 6 new part-time firefighters: Bryan Cantrell, James Crum, David Haynes, Brendan Kambeitz, Nicolas Yutzky and Joseph Zarbaugh.

FF Paramedic Bryan Cantrell is from Columbus. He holds an Associate Degree in Fire Science from Hocking College. He also works for Newark Township Fire, Eastern Knox County Joint Fire District and Jefferson Township.

FF/EMTB James Crum is from Wes-

terville. He received his professional certifications through the Delaware Area Career Center. FF Crum also served in the US Marine Corps/Infantry.

FF Paramedic David Haynes is from Canal Winchester. He is in the process of completing his Associate Degree from Hocking College in Fire Science. FF Haynes also served in the Army National Guard.

FF Paramedic Brendan Kambeitz is from Dublin. He received his professional certifications through the Ohio Fire Academy. FF Kambeitz worked for

Lifecare EMS prior to joining the PTFD.

FF Paramedic Nicolas Yutzky is from Lancaster. He obtained his professional certifications through Eastland Career Center. He also works for Basil Joint Fire District and Violet Township FD as a volunteer.

FF Paramedic Joseph Zarbaugh is from Canal Winchester. He received his professional certifications from Columbus State Community College and Eastland Adult Career Center. He also works for Jefferson Township Fire Department.

PTFD Service Awards (Con't)

Perfect Attendance Awards

Chief Hoovler, Chief Rupp, Fire Marshall Terry Guthrie, Asst. Fire Marshal Woody Hoffer, Capt. Greg Ecleberry, Capt. Kevin Sponaugle, Fred Houseberg, Chris Pabst, Jason Bates, Beau Zierk, Darrin O'Bruba, Mike Tocci, Matt Temple, Jason Moore.

1 Year Service Award

Jason Bates, Matt Temple, Beau Zierk

10+ Years of Service Award

Derek Caplinger, Chad Marohl, Todd Moore, Chris Pabst, Paul DuBeck, Terry Guthrie, Jim Kitsmiller, Darrin Knicely, Shawn Stauffer.

15+ Years of Service Award

Fred Houseberg

20+ Years of Service Award

Capt. Joe Brown

25+ Years of Service Award

Lt. Greg Myers

The Plain Township Fire Department would also like to thank the following community organizations for their part in the New Albany Holiday Celebration:

- ☺ The New Albany Chorus
- ☺ The Purple Dog Art Studio
- ☺ GNG Music Instruction
- ☺ New Albany Cub Scout Pack 150
- ☺ New Albany Girl Scout Troop 50259
- ☺ New Albany Symphony Orchestra
- ☺ McCullough's Landscape & Nursery
- ☺ Int'l Assoc. of Firefighters Local 3850
- ☺ The New Albany Police Department
- ☺ Bon Vie Bistro

Fire Marshall Safety Reminders

Some important safety tips for winter:

Dryers

- ⇒ The leading cause of dryer fires is failure to clean lint filters.
- ⇒ Use metal exhaust ducts.

Wood & Pellet Stoves

- ⇒ Inspect wood, pellet stoves and chimney flues yearly. Empty cold ashes in a fireproof metal container. Do not leave hot ashes on a deck.

Space Heaters

- ⇒ Keep sufficient clearance between your personal property and space heaters, hot water heaters and furnace. Plug directly into outlet.

Fire Extinguishers

- ⇒ Fire extinguishers should be replaced every 10 years.
- ⇒ Always use a fire extinguisher or pan cover for kitchen grease fires.

Gas or Propane Leaks

- ⇒ Natural gas or propane leaks - are detected by smell, sight (you might see

dirt blowing or bubbling water near the area) or hearing a hissing sound. Walk away, don't try to repair it yourself or use anything that might cause a spark like a cell phone, doorbell or electric switches. Call your fire department and your gas service company.

Batteries

- ⇒ Maintain smoke and carbon monoxide detectors with fresh batteries.

Generators

- ⇒ Should always be used outside away from doors, windows and vents. Do not use in a garage even with door open. Never refuel while running. Carbon Monoxide deaths associated with generators have spiked in recent years as generator sales have risen.



Safety Alert: Lithium "Button" Battery Dangers

Swallowing button batteries can be fatal and/or cause serious injuries. Not only do they pose a choking threat, but can burn through tissue if swallowed. Every year in the United States, more than 3,500 people of all ages swallow miniature disc or "button" batteries. These are used to power hearing aids, cell phones, calculators, watches, toys, games, flashing jewelry, singing greeting cards, remote control devices, and many other items.

Community Support for the



The Plain Township Fire Department would like to THANK all the families, friends and neighbors, who stopped by to make the 2011 Toy Drive one of the best. The PTFD location continues to be one of the largest collection sites. A **heartfelt thanks** for all toy donations.



Wintertime Reminders



❄ Please stay at least 50 feet back from salt and plow trucks so your vehicle is not damaged by salt spreaders and to be visible to the truck driver.

- ❄ Keep your trash cans out of the roadway and promptly move back after trash collection. Containers should only be put out the night before pickup.
- ❄ To prevent yard damage from snowplows, residents can purchase plow stakes from local hardware stores to place at the end of the driveway or near mailbox.
- ❄ It is unlawful to blow or shovel snow out into the roadway. Residents can be held responsible for this obstruction.

Questions or concerns regarding township roads only, may be directed to the Maintenance Department at (614) 855-9015.

Lithium Button Batteries (Con't.)

The clock is running from the moment the battery is placed inside the body, and serious injury can occur within 2 hours. When lodged in the esophagus, the battery can erode into the airway and even into the aorta. In some cases, children can bleed to death. If a child swallows a button battery, they may not show any symptoms initially. If they do, it might just be irritability, fever or vomiting, which some parents assume is just a virus.



Button batteries may also cause permanent injury when they are placed in the nose or the ears.

Symptoms to watch for are pain and/or a discharge from the nose or ears. DO NOT use nose or ear drops until the person has been examined by a physician, as these fluids can cause additional injury when a battery is involved.

If you think your child or pet swallowed a button battery, seek medical attention immediately.

Source: www.poison.org/battery
Poison Help: 1-800-222-1222

Water Rescue Training

The Fire Department looks to improve services by identifying new risks to the community. With an increasing number of ponds in residential settings and around golf courses, the risks of water emergencies grow.



We must be prepared in cold and warm weather to establish rescue measures.



With the new engine/rescue, the department was able to develop a water rescue plan. Prior to the construction of the new engine/rescue, risks were identified and space was allocated for each of the rescue types in the trucks design. This allowed for the addition of water and ice rescue equipment.

As part of that plan, all of the full-time firefighter paramedics completed **Water Rescue Operations** training through Columbus State Community College.

EMS Focus: LVAD

(Left Ventricular Assist Device)



In November, PT Fire Department EMS training focused on the Left Ventricular Assist Device, LVAD.

Sherri Wissman, RN, CCTC, VAD Coordinator, Mechanical Circulatory Support Program, of The Ohio

State University Medical Center demonstrated the Heartmate II (LVAD).

The LVAD is a left ventricular assist device; an implantable mechanical pump that helps pump blood from the lower left chamber of your heart to the rest of the body. LVADs are used in people who have weakened hearts or heart failure.

EMS Focus: LVAD (Con't.)

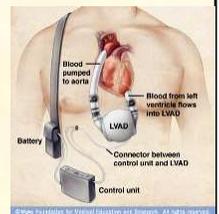
This particular pump is about the size of a small lime, with tubing about an inch in circumference.

Critical signs and symptoms were presented concerning the relationship of vital signs in the LVAD patient.

Patients without a heart pump will present with a strong pulse and efficient oxygen readings. The patient with the LVAD implant will generally not have a palpable pulse to detect because the pump creates a continuous blood flow based on an individual's body size.

This means the LVAD patient's symptoms may contradict the assessment of medical technology such as an EKG. For example, with a life-threatening heart rhythm, such as ventricular fibrillation, the pump will keep moving available blood through the body. This knowledge is critical for the survival of the heart patient in both the pre-hospital and hospital setting.

Because the pump keeps moving some blood, a LVAD patient will not show traditional signs and symptoms of heart failure.

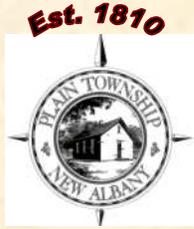


In a patient without an LVAD, the heart will cease to pump blood out to the body, the person will lose consciousness within seconds and will die within minutes if not treated; compared to the LVAD patient who may appear relatively well, though may describe themselves as just not feeling "right". In reality, their heart is in failure. EMS responders must recognize and scrutinize the conflicting signs, symptoms and technology in order to assess appropriate emergency medical care for the LVAD patient.

The Plain Township Fire Department would like to thank Sherri Wissman, RN of the Ohio State University for her presentation and demonstration of the LVAD mechanical pump.



**Plain Township
Board of Trustees**



Office Hours: 8 a.m. - 5 p.m.
Phone: (614) 855-7770
Fax: (614) 855-7761
www.plaintownship.org



PTFD Training Exercise

**Plain Township
P.O. Box 273
45 Second Street
New Albany, OH 43054**

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Upcoming Events

- ⇒ January 2, 2012 - New Year's Day Observed*
- ⇒ January 16, 2012 - Martin Luther King Day Observed*
- ⇒ January, 2012 - 2012 Pool Membership Mailing
- ⇒ February 14, 2012- Valentine's Day
- ⇒ February 20, 2012 - Presidents' Day Observed*
- ⇒ March 30, 2012 - The Early-Bird Pool Membership Rate ENDS

* Plain Township offices will be closed in observance of Federal Holidays.

Reminder:

RUMPKE has notified residents of a slight rate increase in collection fees effective January 1, 2012, due to increased SWACO landfill fees and fuel costs. Regular collection fees are \$16.49 and seniors are \$14.99.

Important Dates

Board of Trustee Meetings

Plain Twp. Fire Station, 9500
Johnstown Road, New Albany
Meets the 1st & 3rd Wednesday
of each month at 7 p.m.

- January 4, 2012
- January 18, 2012
- February 1, 2012
- February 15, 2012
- March 7, 2012
- March 21, 2012

Zoning Commission

Meets the 2nd Thursday of
each month

Zoning Board of Appeals

Meets the 2nd Tuesday of
each month

** Meeting changes will be
posted on our website.

Important Names

Board of Trustees

David Ferguson, Chairman
Bud Zappitelli
David Olmstead

Fiscal Officer

John A. Brandt

Township Administrator

Ben Collins

Zoning Officer

Ben Collins

Fire Chiefs

Chief John Hoovler
Asst. Chief Jack Rupp

Maintenance Supervisor

Bobby Pharris

NAPL Parks District Rep

Tim Sokol & Ted Coss

Rocky Fork-Blacklick Accord Rep.

Don Ballard
Tom Rybski

Phone Numbers

Plain Township Office

614-855-7770 (Phone)
614-855-7761 or 855-2087 (Fax)

Plain Township Fire Dept.

614-855-7370 (Non-Emergency)

**Plain Township Maintenance
Department**

614-855-9015
Email: bpharris@plaintownship.org

Plain Township Aquatic Center

614-775-9430 (Seasonal)

Board of Trustees

David Ferguson
(614) 570-9196 (Cell)

Bud Zappitelli
(614) 855-4620 (Home)

David Olmstead
(614) 855-2283 (Home)

Trash Collection

Trash collection and recycling is
provided by RUMPKE. To set
up service or for information,
call 800-828-8171 or visit their
website: www.rumpke.com.

Weekly collection is scheduled
for Thursdays. Seniors receive
a 10% discount.

Curbside recycling includes:

- Newspaper, magazines, catalogs, telephone books
- Mail, computer paper, brown bags
- Paperboard (i.e. cereal boxes)
- Cardboard boxes (broken down into 3 feet by 3 feet sections)
- Plastic and glass bottles and jars
- Aluminum cans, siding and gutters
- Steel soup, food and aerosol cans

